

SEBASTIANS CATERING

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lettuce
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CLASSIC MENU

CATERING TO YOUR IMAGINATION!

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SEBASTIANS CATERING



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V vegetarian **GF** gluten free **VG** vegan



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breakfast packages 8 person minimum | priced per person

Breakfast packages are served with assorted breakfast juices and freshly brewed organic and fair trade coffee.

bakers medley V | 12.50 pp

An arrangement of freshly baked full sized danish, croissants, muffins, tea breads and scones with sweet butter, cream cheese and preserves.

add a fresh fruit salad 3.75 pp

bagel nosh V | 8.50 pp

An assortment of freshly baked bagels with sweet butter, vegetable and plain cream cheeses, and preserves.

add a fresh fruit salad 3.75 pp

the boardroom V | 16.50 pp | 48 hour notice

An assortment of mini pastries, including danish, croissants, muffins and scones with sweet butter, cream cheese, preserves, and fresh sliced fruit.

fresh start | 16.95 pp | served hot

Fluffy scrambled eggs, housemade home-fries and crispy bacon with a fresh fruit salad.

breakfast stations 8 person minimum | priced per person

Choose from our breakfast station options.

yogurt bar V | 7.95 pp

Everything you need to make your own parfait, including vanilla and fruit yogurt, crunchy granola, diced fresh fruit, raisins, and honey.

GF Available gluten-free upon request.

oatmeal bar V | 7.95 pp

Everything you need to make your own oatmeal bowl, including oatmeal, raisins, granola, honey, brown sugar, and cinnamon.

MORNING BEVERAGES

assorted breakfast juice bottles | 2.95 pp

bottled water | 2.50 pp

gourmet tea | 27.00 per box

organic & fair trade coffee | 27.00 per box

Tea and coffee box serves 10-12 people.



breakfast á la carte

priced per person unless indicated

CAGE-FREE EGGS

breakfast wraps | 5.95 pp

Whole breakfast wraps cut in half and served temperate.

Made with scrambled cage-free eggs.

choice of 2 wrap types:

eggs with sausage and american cheese | eggs with cheddar cheese V

eggs with bacon and american cheese | eggs with peppers and mushrooms V

Gluten-free wraps available upon request. GF

individual-sized quiche | 7.95 pp

Your choice of quiche types served temperate.

lorraine | ham & swiss | tomato & spinach V

broccoli & Vermont cheddar cheese V

mini quiche | 4.50 pp

Assorted bite size quiches served temperate including lorraine, garden V and three cheese V.



FRESHLY BAKED

pastries V | 4.95 pp

Our pastries are baked fresh each morning and include assorted danish, croissants, muffins and scones with sweet butter, cream cheese and preserves.

mini pastries V | 6.50 pp | 24 hour notice required.

Assorted mini pastries including danish, muffins, croissants and scones with sweet butter, cream cheese and preserves.



FRUIT & YOGURT

sliced fruit platter V GF VG

Hand picked selection of seasonal fruits and berries.

small | 65.00 per platter | serves up to 15 people

large | 120.00 per platter | serves up to 30 people

fresh fruit salad V GF VG | 5.50 pp

Seasonal fruit salad ripened to perfection.

individual fruit cups V GF | 5.50 pp

Seasonal fruit salad ripened to perfection.

yogurt & granola parfait V

Vanilla or strawberry yogurt with crunchy granola and fresh berries.

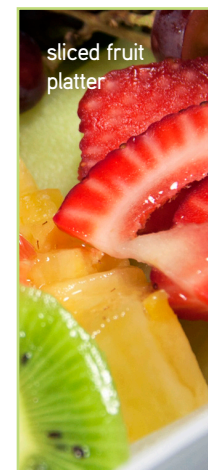
mini | 3.50 pp regular | 6.50 pp

GF Available gluten-free upon request.

yogurt cups V GF

A selection of individual 6oz. yogurt cups with assorted fruit fillings.

greek yogurt | 3.50 pp regular yogurt | 2.95 pp



create your own salad

Select from the options below to create a crowd pleasing salad station.
8 person minimum | 10.95 per person

Select from the following options:

salad bases V VG GF

choice of 2 bases:

baby spinach | Sebastians blend | chopped romaine
(red leaf, green leaf, radicchio, watercress)

salad fills V

choice of 10 fills:

black bean	hummus (house-made) VG	cheese
black olives	mandarin oranges	crumbled bleu
broccoli	pepperoncini	feta
carrots	red onion	parmesan
chick peas	tomato	
craisins	peppers	crunch
cucumbers		croutons
		walnuts

premium fills Add protein for an additional charge per person.

avocado 2.95 pp	chicken 3.50 pp
hard boiled cage-free eggs 1.75 pp	tofu 1.50 pp
roasted salmon 4.50 pp	white albacore tuna 3.50 pp

dressings V

choice of 2 dressings:

balsamic vinaigrette | sesame ginger vinaigrette | Aegean | vinegar & olive oil |
low fat italian | caesar | ranch



signature salads

Served family style. 8 person minimum | priced per person

strawberry spinach V GF | 7.50 pp

Baby spinach with fresh sliced strawberries, crumbled bleu cheese and balsamic vinaigrette on the side.

caesar V | 6.50 pp

A classic mix of chopped romaine, parmesan cheese, garlic croutons, and creamy caesar dressing on the side.

greek V | 7.50 pp

Chopped romaine with tomatoes, cucumbers, green peppers, grape leaves (stuffed w/ seasoned rice), red onions, feta, kalamata olives and Aegean dressing.

tomato and mozzarella V GF | 7.50 pp

Sebastians blend *(red leaf, green leaf, radicchio, watercress)* with beefsteak tomatoes, fresh mozzarella, and balsamic reduction.

garden V GF | 6.50 pp

A crisp mix of red leaf, green leaf, radicchio and watercress with tomatoes, cucumbers, red onions, carrots, bean sprouts and choice of dressing on the side.

cranberry feta V | 7.50 pp

Sebastians blend *(red leaf, green leaf, radicchio, watercress)* with walnuts, dried cranberries, feta cheese and balsamic vinaigrette on the side.

tri-colored tortellini V | 6.75 pp

Tri-colored cheese tortellini blended with cherry tomatoes, fresh basil pesto and grated parmesan cheese.

add protein to any salad

chicken 3.50 pp	roasted salmon 4.50 pp
tuna salad 3.50 pp	steak 5.50 pp

dressings V:

balsamic vinaigrette | sesame ginger vinaigrette |
Aegean | vinegar & olive oil | low fat italian |
caesar | ranch



strawberry spinach



tri-colored tortellini



Sebastians blend

sandwiches à la carte

Choose your favorite combination of sandwiches to create your own array:
signature sandwiches 9.50 pp | simple sandwiches 8.50 pp | signature wraps 9.50 pp

SIGNATURE SANDWICHES

b.l.t.t.g

Smoked bacon, lettuce, tomato, turkey, guacamole, thousand island dressing & red onion on a french baguette.

boston italian

Genoa salami, mortadella, capicola, provolone & roasted peppers with extra virgin olive oil on rosemary focaccia.

devonshire

Roast beef, Vermont cheddar cheese, tomato, spinach & balsamic onions with horseradish cream on sourdough.

tyler VG

Chickpea mash salad, crisp lettuce leaves & vine-ripened tomato slices served on ciabatta.

roasted portobello V

Roasted portobello, basil, sliced fresh mozzarella, tomato with balsamic vinegar & olive oil on ciabatta.

SIMPLE SANDWICHES

turkey

Roast turkey, lettuce and tomato on 7-grain bread.

honey ham & swiss

Shaved honey ham and swiss with lettuce and tomato on rye.

honey mustard chicken

Sliced roasted chicken breast with lettuce and tomato topped with honey mustard sauce on a french roll.

roast beef

Roast beef with lettuce and tomato on wheat.

tuna salad

White albacore tuna with celery and onions mixed with mayonnaise and served with lettuce on wheat bread.

SIGNATURE WRAPS GF *Gluten-free wraps available upon request.***buffalo chicken wrap**

Thinly sliced roasted chicken breast with spicy buffalo sauce, bleu cheese dressing, tomato and lettuce in a sun-dried tomato wrap.

chicken caesar salad wrap

Thinly sliced roasted chicken breast, romaine lettuce, parmesan cheese, garlic croutons and creamy caesar dressing in a white wrap.

V *Vegetarian option available! Made with roasted portobello mushrooms.*

chicken salad wrap

Diced chicken with celery and onions tossed with mayonnaise and served with lettuce and tomato in a white wrap.

cucumber smash wrap V VG

Thinly sliced cucumbers, radish sprouts, sliced green pepper, shaved red onion and house-made hummus in a wheat wrap.

roasted vegetable wrap V

Roasted vegetables, lettuce, tomato, herb cheese spread in a spinach wrap.

Make it vegan! Available upon request. VG

thai-curry chicken salad wrap

Thai-curry chicken salad, shredded carrots, curry spice, ground ginger, cayenne pepper, diced red onion, green leaf lettuce, & tomato served in a white wrap.

sandwich packages

8 person minimum | priced per person

deluxe sandwich package | 19.95 pp

Your choice of assorted simple sandwiches, signature sandwiches and signature wraps served with the following:

choice of 1 green salad V or fresh fruit salad V GF VG

assorted dessert tray

assorted cold beverages

add a second salad 4.50 pp

add assorted bags of kettle chips 1.95 pp

office meeting package | 18.50 pp

Your choice of assorted signature wrap sandwiches served with the following:

choice of 1 salad V

assorted bags of kettle chips

assorted dessert tray

assorted cold beverages

simple sandwich package | 14.95 pp

Your choice of assorted simple sandwiches served with assorted bags of kettle chips and a dessert tray.



assorted sandwiches

salad selections V *descriptions on page #7*

strawberry spinach | garden | greek | tomato & mozzarella | cranberry goat | caesar

dressings V balsamic vinaigrette | sesame ginger vinaigrette | Aegean | vinegar & olive oil | low fat italian | caesar | ranch

add protein to any salad chicken 3.50 pp | tuna salad 3.50 pp | roasted salmon 4.50 pp | steak 5.50 pp

BOXED LUNCH

8 person minimum | 15.95 per person

Sebastians boxed lunch is an easy-to-carry, individual meal - perfect for meetings, conferences & company outings. Includes paper goods and condiments.

We will customize any box with your name for an additional 1.00 each.

sandwich box

Each box includes your choice of sandwich, side, dessert and cold beverage.

side: bag of kettle chips

dessert: whole fruit, cookie or granola bar

cold beverage: water, soda or juice

V GF VG *Vegetarian, vegan and gluten-free sandwich options available.*

salad box

Each box includes your choice of salad, side, dessert and cold beverage.

side: bag of kettle chips

dessert: whole fruit, cookie or granola bar

cold beverage: water, soda or juice

V GF VG *Vegetarian, vegan and gluten-free sandwich options available.*

light entrées

8 person minimum | priced per person

Family style entrées served with assorted beverages.

chicken cobb salad | 18.95 pp

Blackened chicken laid atop Sebastians blend (*red leaf, green leaf, radicchio, watercress*) with avocado, sliced hard-boiled eggs, crispy bacon, crumbled blue cheese and ripe tomatoes. Served with your choice of dressing.

mediterranean chicken | 18.95 pp

Sliced pan-roasted mediterranean herb chicken breast laid atop Sebastians blend (*red leaf, green leaf, radicchio, watercress*) and served with lemon hummus, cucumbers, tomatoes, feta cheese, tabbouleh, marinated kalamata olives, and pita wedges.

V Make it vegetarian! Vegetarian option includes roasted eggplant. | 17.95 pp

firecracker shrimp **GF** | 19.95 pp

Skewered shrimp marinated in sweet chili, soy and oyster sauce served with Sebastians blend (*red leaf, green leaf, radicchio, watercress*), basmati rice, baby bok choy, red peppers and sprinkled with sesame seeds.

roasted salmon salad **GF** | 19.95 pp

Pesto marinated roasted salmon served over Sebastians blend (*red leaf, green leaf, radicchio, watercress*), with provençal vegetables, marinated kalamata olives and fresh lemon slices.

stuffed portobello mushroom **V** | 17.95 pp

Roasted portobello mushrooms stuffed with seasonal vegetables and goat cheese over rice pilaf.

Available gluten-free upon request. **GF**



stuffed portobello mushroom

hot entrées

8 person minimum | priced per person

Family style entrées served with your choice of garden or Caesar salad.

VEGETARIAN ENTRÉES

curried chickpeas **V VG** | 16.95 pp

with roasted cauliflower and potatoes. Served with basmati rice.

eggplant parmesan **V** | 17.95 pp

served with penne pasta and marinara sauce.

butternut squash ravioli **V** | 18.95 pp

with sage parmesan cream sauce.



curried chickpeas

CHICKEN ENTRÉES

chicken parmesan | 19.95 pp

served with penne pasta and marinara sauce.

chicken marsala | 19.95 pp

served with linguini and haricot vert with sautéed mushrooms

chicken shish kebab **GF** | 19.95 pp

served with basmati rice.



chicken marsala

BEEF & PORK ENTRÉES

bbq steak tips | 21.95 pp

served with rice pilaf and chef's choice of vegetables.

beef lasagna (house-made) | 17.95 pp

with your choice of egg noodles or wheat pasta and fresh marinara sauce.



beef lasagna

SEAFOOD ENTRÉES

boston baked scrod | 19.95 pp

topped with buttered bread crumbs. Accompanied by fresh green beans and choice of starch (basmati rice, mashed or fingerling potatoes).

skinny salmon **GF** | 22.00 pp

served with brown rice and fresh green beans.



skinny salmon



fresh garden crudite

priced per platter | small serves up to 15 people | large serves up to 30 people

sliced fruit V GF VG

Hand picked selection of seasonal fruits and berries.

small | 65.00 per platter
large | 120.00 per platter

house-made hummus & pita chips V GF VG

Toasted cumin scented pita chips served with our house-made hummus.

lemon hummus		roasted red pepper hummus
small 50.00 per platter		65.00 per platter
large 65.00 per platter		70.00 per platter

chips & salsa V GF

Yellow & blue corn tortilla chips served with Sebastians house-made salsa.

small 40.00 per platter	with guacamole & sour cream 55.00 per platter
large 60.00 per platter	with guacamole & sour cream 70.00 per platter

artisan cheese V

Selection of artisanal cheeses from around the world showcasing a variety of styles, textures and flavors, accompanied by hearth baked breads, crackers, dried fruits and nuts.

This item contains nuts.

small | 85.00 per platter
large | 160.00 per platter

fresh garden crudite V

Seasonal garden vegetables cut into strips and served with ranch and blue cheese dressing.

small | 75.00 per platter
large | 125.00 per platter

GF GF Try it with house-made hummus for a gluten-free and vegan friendly option.

8 person minimum | priced per person

snack attack bar V | 6.50 pp

Everything you need for an afternoon snack attack! Assorted bowls of classic trail mix, chocolate dipped pretzels, honey roasted peanuts, M&M's® and Goldfish®.

veggie snack packs V GF VG | 5.95 pp

Carrot and celery sticks with house-made hummus in individual cups

snack packs | 4.75 pp V

Individual bags of nuts and assorted snacks.

GF Gluten-free options available!

DESSERTS

cupcakes V

Fresh baked cupcakes available in chocolate, vanilla and assorted seasonal flavors.

mini cupcakes | 25.00 per dozen
large cupcakes | 45.00 per dozen
2 dozen minimum

GF VG Gluten-free and vegan cupcake options available upon request

Sebastians cookie platter

V | 2.95 pp

An assortment of fresh baked cookies. Seasonal themes available.

8 person minimum

assorted dessert platter

V | 3.95 pp

Medley of freshly baked cookies, brownies & dessert bars.

8 person minimum



mini cupcakes

BEVERAGES

priced per person

assorted beverages | 2.95 pp

A variety of cold sodas, seltzers, and juices.

bottled water | 2.50 pp

A selection of still and carbonated waters.

soda | 2.50 pp

A selection of assorted regular and diet sodas.

available: Coke | Diet Coke | Diet Ginger Ale | Fresca

bottled ice teas | 3.95 pp

breakfast juice | 2.95 pp

An assortment of cranberry, apple and orange juices.

27.00 per box |
serves 10-12 people

Sebastians coffee

Freshly brewed organic & fair trade coffee delivered in our insulated portable carafe box. Available in regular or decaf and includes cups, half & half, sugar, sugar substitute and stirrers.

gourmet tea

A variety of premium tea blends including earl grey supreme, assam breakfast, british decaf, green and herbal. Includes cups, half & half, sugar, sugar substitute and stirrers.



ORDERING

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CONTACT US

tel: 888.563.8334 | catering@sebastians.com

HOURS OF OPERATION

Monday - Friday 7:00am - 5:00 pm
Night and weekend catering available upon request.

DELIVERY

ONE LESS THING TO DO - WE'LL BRING IT TO YOU!

Drop-off catering is available in the Boston and Cambridge area Monday - Friday.

Our drivers will be happy to setup your order at no additional charge.

Equipment pick-up is available after your event for an additional charge.

Weekend catering is available with minimum purchase of \$750.

PAYMENT

We accept many forms of payment, including corporate checks, major credit cards (MasterCard, Visa, Discover and American Express) and Sebastians Corporate Accounts.

CANCELLATIONS

We request 24 hours notice on cancellations.

FOOD SAFETY TIPS

Before placing your order, please inform your server (catering representative) if a person in your party has a food allergy. Our staff will assist in creating an order with your dietary requests. Our catering production area is not allergen free. Food prepared may contain eggs, dairy, soy, wheat, peanuts, tree nuts, fish and shellfish.

Consume or refrigerate below 41° F / 5° C within 2 hours.

Reheat foods to a minimum of 165° F / 74° C only once.

Discard after 48 Hours.



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